

CURRICULUM VITAE

SHLOMO BREZNITZ

- 1960 - B.A. Psychológia a sociológia, Hebrew University, Jerusalem.
- 1962 - M.A. Psychológia, Hebrew University, Jerusalem.
- 1965 - Ph.D Psychológia, Hebrew University, Jerusalem.
- 1966 - Lektor, Hebrew University, Jerusalem.
- 1969 - Docent, Hebrew university , Jerusalem
- 1969 - 1971- Konzultant pre Izraelské Vzdušné Sily o problémoch stresu.
- 1971 - Hostujúci Profesor, London School of Economics and Political Science, London, UK.
- 1972 - Docent, Hebrew University, Jerusalem;
Hostujúci Profesor, University of Maryland,USA.
- 1973 - 1974 Profesor psychológie, University of Maryland.
- 1974 - Profesor psychológie, University of Haifa, Haifa, Izrael.
- 1975 - Prorektor, University of Haifa.
- 1976 - Hostujúci Profesor, University of California at Berkeley, California, USA.
- 1977 - Úradujúci Prezident, University of Haifa.
- 1977-1979 Rektor, University of Haifa.
- 1978 - Profesor psychológie na inštitúte Lady Davis
- 1979 - Zakladajúci Riaditeľ Ray D. Wolf Centre pre štúdium Psychologického stresu.
- 1979 - 1980 Hostujúci Profesor, Stanford University, California, USA.
- 1980 (leto) – Pozvaný spolupracovník, Netherland Insitute for Advanced Studies, Meyboomlaan 1, Vassenaar, Holandsko.
- 1980 (jeseň) – Scholar in Residence, Mercy College of Detriot, Michigan, USA.
- 1980 - 1983 Člen, Council for Higher Education, Izrael.
- 1980 - 1983 Člen, National Council for Research and Development, Izrael.
- 1983 (jar) - Pozvaný ako vedúci výskumník, West German Academy of Science.
- 1983 - 1985 Hostujúci vedec, National Institute of Mental Health, Washington, D.C.

1985 - 1989 Člen, National Council for Research and Development, Izrael.
1985 - The New School for Social Research, New York, USA.
1989 - 1991 Rockefeller University, New York, USA.
1993 - Spolupracovník, Kolégium Budapešť, Institute for Advanced Study.
1996 - Medzinárodný poradca pre Encyklopédiu psychológie, American Psychological Association.
1999 - Zakladateľ CogniFit.
2005 - Doctor Honoris Causa, Univerzita Mateja Bela, Banská Bystrica.
2006 - 2007 Člen Izraelského Parlamentu.

PREDSEDNÍCTVO NA MEDZINÁRODNÝCH KONFERENCIÁCH

- (a) Predbežné zvládanie stresu. Haifa, Máj, 1978.
- (b) Popretie stresu. Haifa, Jún, 1979.
- (c) Zvládanie stresu. Haifa, Máj, 1981.
- (d) Ľudské pokolenie 2000. Haifa, Apríl, 1982.
- (e) Molekulárna biológia stresu. Keystone, Colorado, Apríl, 1988.
- (f) Výchova proti nenávisti. Haifa, Jún, 1990.
- (g) Za nenávisťou: Život s našimi najhlbšími rozdielmi. Londonderry, September 1992.

UČITEĽSKÉ OCENENIA

Najlepší Učiteľ, 1970, Hebrew University, Jerusalem.
Najlepší Učiteľ, 1974, Psychológia, University of Maryland, Baltimore County, USA.
Najlepší Učiteľ, 1976, Faculty of Social Science, University of Haifa, Izrael.
Najlepší Učiteľ, 1982 Psychológia, University of Haifa.
Najlepší Učiteľ, 1995 Psychológia, University of Haifa.

ZÁSADNÉ PREJAVY

- Hlavný prednášajúci na výročnom zasadnutí Izraelskej Psychologickej Asociácie v Haife, 1975: “Predpoklady pre zlepšenia, smerujúce k novej taxonómii v psychopatológii.”
- Hlavný prednášajúci na výročnom zasadnutí Izraelskej Psychologickej Asociácie v Jerusaleme, 1977: “Poistenie správania: Ako sa pripraviť na zmeny v živote.”
- Hlavný prednášajúci na výročnom zasadnutí Izraelskej Psychologickej Asociácie v Haife, 1982: “Psychológia nadeje.”
- Hlavný prednášajúci na Konferencii “Viera v Ľudstvo,” Washington, D.C., 1984: “Odvaha.”
- Hlavný spoluprednášajúci (s J. Axelrod), Konferencia k príležitosti 50. výročia Opatrovateľskej školy na Univerzite Pensylvánskej Zdravotnej Školy, Philadelphia, 1986: “Vplyv nádeje na zvládanie stresu.”
- Hlavný prednášajúci, 7. Medzinárodná konferencia spoločnosti pre testovanie a výskum úzkosti, STAR, Jerusale, Júl, 1986: “Limity subjektivismu vo výskume stresu.”
- Hlavný prednášajúci, UCLA sympóziu Molekulárnej Biologie stresu, Keystone, Colorado, Apríl, 1988: “Homo Sapiens: Biologicky zastaralý druh.”
- Pozvaný účastník v množstve profesionálnych konferenciách po svete.
Jedny z posledných konferencií:
 - (a) Psychologické implikácie na DNA znaky Huntingtonovej choroby. New York, Marec, 1984.
 - (b) Dynamika stresu. Luxembursko, Apríl, 1984.
 - (c) Medzinárodná spoločnosť pre Politickú psychológiu. Toronto, Jún, 1984.
 - (d) American Psychological Association. Toronto, August, 1984.
 - (e) Konferencia v Aspen Institute “Staroveký ľudia v elektronickom svete zajtrajška.” September, 1984.
 - (f) Viera v Ľudstvo. Washington, D.C., September, 1984.
 - (g) Spoločnosť pre výskum vývinu deti. Toronto, Apríl, 1985.
 - (h) Vedecká debata o pôvode stresu. National Institute of Health, Máj, 1985
 - (i) National Academy of Science, Institute of Medicine, Workshop zameraný na fajčenie. Jún, 1985.
 - (j) National Academy of Science, Institute of Medicine, Medicínske následky nukleárnej vojny. September, 1985.

- (k) 14 Pugwash Workshop o nukleárnych silách: Neúmyselná nukleárna vojna. Geneva, December, 1986.
- (l) Konferencia Jhona Hopkinsa o výskumoch v práci, zdravie a produktivita. Queenstone, Maryland, Október, 1987.
- (m) UCLA sympóziu Molekulárnej Biológie stresu. Keystone, Colorado, Apríl, 1987.
- (n) Smerom k 21. storočiu. Paris, Január 1988.
- (o) Anatomia nenávisti. Boston, Marec 1989.
- (p) 18 Pugwash Workshop o nukleárnych silách: Neúmyselná nukleárna vojna. Pugwash, Canada, Júl 1989.
- (q) Anatomia nenávisti: Konferencia v Osle. Oslo, August 1990.
- (r) Vzdelaním proti nenávisti. Asociácia Amerických Vysokých škôl, Washington, D.C. Jún, 1991.
- (s) Zlepšenie pamäti. American Psychological Society, Washington, D.C. Jún, 1991.

ZOZNAM PUBLIKÁCIÍ

KNIHY

- Social Psychology. Am-Oved, 1969. (Hebrew).
- Stress in Israel. Van Nostrand Reinhold Co., 1981.
- Handbook of stress. With L. Goldberger (Eds.). New York: Free Press of Macmillan, 1982.
- Denial of stress. International Universities Press, 1983.
- Cry wolf: The psychology of false alarms. Englewood Hills, N. J.: Lawrence Erlbaum Associates, 1984.
- Molecular biology of stress. With O. Zinder (Eds.). New York: Alan R. Liss, Inc., 1988.
- Memory fields. New York: Alfred A. Knopf, 1982.
- Handbook of stress. (2nd Revised Edition), With Leo Goldberger (Eds.) Free press, January 1993.
- Maximum brainpower: Challenging the brain for health and wisdom. With Collins Hemingway. New York: Ballantine, 2012.
- The tapestry of life. Hakibutz hameuchad, 2012.
- Sinamatell-a: A quest for meaning. Dekel publishing house & Samuel Wachtman's Sons, 2014.

KAPITOLY V KNIHÁCH

- How to simulate if you must. A chapter in M. Inbar (Ed.), Simulations in Social Science. (with A. Lieblich) 1972, Free Press.
- False alarms: Their effects on fear and adjustment. In I. G. Sarason & C. D. Spielberger (Eds.), Stress and anxiety, Vol. III, 1976. New York: Wiley and Sons.

- Stress in Israel. In H. Selye (Ed.), *Selye's guide to stress research*. Van Nostrand Reinhold Co., 1980.
- The many facets of stress. In S. Breznitz (Ed.), *Stress in Israel*. Van Nostrand Reinhold Co., 1981.
- Life events: Stressful ordeal or valuable experience? With Y. Eshel. In S. Breznitz (Ed.), *Stress in Israel*. Van Nostrand Reinhold Co., 1981.
- The noble challenge of stress. In S. Breznitz (Ed.), *Denial of stress*. International Universities Press, 1983.
- The seven kinds of denial. In S. Breznitz (Ed.), *Denial of stress*. International Universities Press, 1983.
- Methodological considerations in the study of denial. In S. Breznitz (Ed.), *Denial of stress*. New York: International Universities Press, 1983.
- Denial versus hope. In S. Breznitz (Ed.), *Denial of stress*. New York: International Universities Press, 1983.
- Stress at crossroads. In L. Goldberger & S. Breznitz (Eds.), *Handbook of stress*. New York: Free Press of Macmillan, 1982.
- Stress as a way of life: The case of Israel. University of Oslo Press, 1983.
- The effect of hope on coping with stress. In: M. Appley & R. Trumbull (Eds.), *The dynamics of stress*. Plenum, 1986.
- Educating for coping with change. In D. Hamburg & M. Frankenheuser (Eds.), *Ancient humans in tomorrow's electronic world*. Aspen Institute, 1986.
- Are there coping strategies? In: McHugh, S. & Vallis, T.M. (Eds.), *Illness Behavior: A Multidisciplinary Model*. New York: Plenum, 1968. (325-330).
- Hope and the denial of stress in the nuclear age. In: Institute of Medicine, National Academy of Sciences, *The medical implication of nuclear war*. Washington, D.C.: National Academy Press, 1986.
- The courage to care. In: C. Rittner & S. Meyers (Eds.), *The courage to care*. New York: New York University Press, 1986.
- Information-induced stress in humans. In S. Breznitz & O. Zinder (Eds.), *Molecular biology of stress*. New York: Alan R. Liss, Inc., 1988.
- Type-A behavior pattern and denial of failure-related information. In: Krohne, H.W. (ed.), *Attention and avoidance: Strategies in coping with aversiveness*. (with H. Ben-Zur & R. Hashmonay). 1991, Plenum.
- The effects of war on civilians: The mixed, albeit biased, effects of stress. (With M. Rieck & D. Carmil) In: L. Weisaeth (ed.), *The individual meeting with trauma*. Oslo University Press.
- Hope and endurance of stress. In: I. Carter, A.Q. Mische, & D. Schwarts (Eds.), *Aspects of hope*. New York: ICIS Publications, 1993.
- Reflections on fear. In: G. Ben-Shachar, & A. Lieblich (Eds.), *Studies in psychology: A volume in honor of Sony Kugelmass*. Jerusalem: Scripta Hierosolomytana, vol. 37, 1994.

ODBORNÉ ČLÁNKY

- An attempt to find principles of moral judgment of adolescents. *Megamoth*, 1962, 12/2, 103-110. (Hebrew).
- The development of intentionality in moral judgment: Suggestions and initial test. *Scripta Hierosolymitana*, 1965, 82-97. (with S. Kugelmass and T. Breznitz).
- The perception of parents by adolescents: Consideration of the Instrumentality-Expressivity differentiation. *Human Relations*, 1966, 18, 103-111 (with S. Kugelmass).
- Perception of parents by Kibbutz adolescents: A further test of Instrumentality-Expressivity Differentiation. *Human Relations*, 1966, 19, 117-122.
- Incubation of threat: The influence of the time interval between a threat with a frightening stimulus and its execution upon the fear reaction in humans. *Proceedings of the 74th annual convention of the American Psychological Association*, 1966, 47-48.
- Intentionality in moral judgment: Developmental stages. *Child Development*, 1967, 38, 469-479 (with S. Kugelmass).
- Confidence in estimation of group norm as a function of subjective conformity. *Psychonomic Science*, 1967, 7(12), 399-400.
- The development of intentionality in moral judgment in city and kibbutz adolescents. *Journal of Genetic Psychology*, 1967, 111, 1033-111, The drive (D) properties of reproduction-set in a word association task. *Psychonomic Science*, 1967, 8, 519-520.
- Incubation of threat: Duration of anticipation and false alarm as determinants of fear reaction to an unavoidable frightening event. *Journal of Experimental Research in Personality*, 1967, 2, 173-180.
- The Guttman scale as a means of testing Piaget's theory of development. *Journal of Genetic Psychology*, 1967, 111, 169-170. (with S. Kugelmass).
- The moral judgment of positive acts. *Journal of Social Psychology*, 1968, 76, 253-264.
- Intentionality in moral judgment: Adolescent development. *Child Development*, 1968, 39, 249-256.
- Analysis of reproduction in a word association task. *Journal of Verbal Learning and Verbal Behavior*, 1968, 7, 510-515.
- Moral judgment of lowerclass delinquents. *The British Journal of Criminology*, 1968, January, 69-74 (with J. Eshel and S. Kugelmass).
- 'Incubation of threat' in a situation of conflicting expectations. *Psychological Reports*, 1968, 22, 755-756.
- Self-guided word association: Suggestions for a diagnostic tool. *Journal of Projective Techniques & Personality Assessment*, 1969, 33, 234-239.
- Between literature and psychology - A few notes. *Moznaim*, 1968, 190-193.
- The unconscious plays patience: An attempt to simulate the dreamwork. *Simulation and Gaming*, 1970, January (with Liebllich).
- Termination of a stressful task reduces fear of an approaching shock. *Psychonomic Science*, 1971, 23, 311-312 (with A. Hess).

- A study of worrying. *British Journal of Social and Clinical Psychology*, 1971, 10, 271-279.
- A critical note on 'Secondary Revision.' *International Journal of Psychoanalysis*, 1971, 52, (4), November.
- Self - produced context effect in word association. *Psychological Reports*, 1972, 30, 299-306.
- Stars and chains: A model for continued associations. (with I. Levin). *Acta Psychologica*, 1977, 48, 435-444.
- Conditions for adjustment: Towards a new taxonomy in psychopathology. *Megamot*, 1977, 23, 81-94
- What to tell cancer patients. *Megamot*, 1978.
- The effect of time pressure on risky choice behavior. With H. Ben Zur. *Acta Psychologica*, 47, 1981.
- Chores as a buffer against risky interaction. *Schizophrenia Bulletin*, 1985, 11, 357-360.
- Theory-based stress measurement? Not Yet. *Psychological Inquiry*, 1990, 1, 17-19.
- What makes people angry: Dimensions of anger-evoking events. *Journal of Research in Personality*, (1991), 25, 1-22. (With H. Ben-Zur).
- Personal trauma and world view: Are extremely stressful experiences related to political attitudes, religious beliefs and future orientation? *Journal of Traumatic Stress*, (1992), 4(3), 395-405 (With D. Carmil).
- Enhancing performance under stress by information about its duration. *ESN Information Bulletin*, 1993, 93-05, 345353.
- Stress in the prison of its success. *Social Research*, Spring, 1994.

SPRÁVY Z VÝSKUMU

- The effect of frequency and pacing of warning signals upon fear reaction to threat. *Scientific Report*, 87 pp. Ford Foundation, 1972.
- The effects of early vs. late cancellation of a threat upon the fear reaction to a second similar threat. *Research Report to the U.S. Army Research Institute for the Behavioral and Social Sciences*, 1973.
- The effect of probability of threat and false alarm upon the fear reaction to a second similar threat. *Research Report to the U.S. Army Research Institute for the Behavioral and Social Sciences*, 1974a.
- Threat and false alarm as determinants of fear and avoidance of pain. *Research Report to the U.S. Army Research Institute for the Behavioral and Social Sciences*, 1974b.
- The effects of explaining the causes of false alarms upon the credibility of warning systems. *Research Report to the U. S. Army Research Institute for the Behavioral and Social Sciences*, July, 1977.

- The effect of frequency of warnings upon active coping. Research Report to the U.S. Army Research Institute for the Behavioral and Social Sciences, September, 1977.
- Effects of training on systematic and nonsystematic visual search. Research Report to the U.S. Army Research Institute for the Behavioral and Social Sciences, April, 1978.
- The effects of training under relaxed/stress condition upon task performance during the anticipation of an avoidable impending danger. Research Report to the U.S. Army Research Institute for the Behavioral and Social Sciences, Part I, 1978.
- The effects of active coping training on task performance during the anticipation of an impending danger. Research Report to the U.S. Army Research Institute for the Behavioral and Social Sciences, Part II, 1978.
- The effect of minimal changes in threat instructions on the false alarm effect. Research Report to the U.S. Army Research Institute for the Behavioral and Social Sciences, 1979.
- The effect of information and its change on endurance of two stressful tasks. First Annual Report to U.S. Army Research Institute, January, 1988.
- The effect of "false promise" and control vs. no control on endurance of a stressful task. Second Annual Report to U.S. Army Research Institute, February, 1989.
- Information management of promising signals as a method for endurance enhancement. Report to U.S. Army Research Institute, September 1989.
- Enhancing performance under stress by information about its expected duration. Final Technical Report to the U.S. Army Research Institute, 1990.
- Enhancing cognitive performance by information management techniques. Final Technical Report to the U.S. Army Research Institute, 1992.
- Enhancing effective decision making by information management techniques. Final Technical Report to the U.S. Army Research Institute, 1994.